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Federation of State Boards of Physical Therapy

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Help Us Get Ready for 2019

Members and Jurisdiction Board Administrators, please help us keep your profiles current. We use this information to ensure our contact lists are up to date so that members can receive the News Briefs, surveys, travel authorizations, and other important notifications.

Members:

1. Login to the [Members' Area](#).
2. On the right side of the screen under "My Directory Info," click the link to "Update My Contact Info."
3. Make edits as needed to your profile. (Remember to scroll all the way to the bottom of the screen to see your address, phone, and email on file.)
4. Scroll back up and hit "Save Changes."
5. You're all done!

Jurisdiction Board Administrators:

1. Login to the [Members' Area](#).
2. On the left side of the screen, click the link to "Membership Directories."
3. Click "Update Board Info."

4. Click the icon to the left of each person's name to open their profile.
5. Click the "Edit Positions" button to view/edit the person's role and term dates.
6. Make edits as needed for all your board members.
Example: If a member is now your board chair,
 - i. Open the departing chair's profile. Close out the chair's term by entering an "Actual End" date. Hit "Save."
 - ii. Open the incoming chair's profile. Close out the member's term as a member by entering an "Actual End" date. Hit "Save." And then add a position for that member as chair. Keep the "Actual End" date blank.
7. Remember to hit "Save."
8. You're all done!

Please complete updates **before January 31, 2019**. If you have any questions about the process or trouble logging in, please [email us](#).

Visit FSBPT and the PT Compact at the APTA 2019 Combined Sections Meeting – Washington D.C.

Volunteers and staff of FSBPT and the PT Compact will participate in the APTA Combined Sections Meeting (CSM) held January 23-26, 2019, in Washington D.C.'s Walter E. Washington Convention Center. At a booth in the exhibit hall, we will be sharing information with CSM attendees on the National Physical Therapy Examination (NPTE), the Practice Examination & Assessment Tool (PEAT), and related resources; promoting our continuing competence tools and services (aPTitude, oPTion, and ProCert); highlighting volunteer opportunities; sharing PT Compact updates; and providing information on physical therapy regulation issues and topics.

If you are attending CSM, please look for us in booth 1657 near the APTA Pavilion.

Academic PEAT Enhancement

Currently when you purchase Academic PEAT it can only be for students with a graduation date in the future. Based on feedback from schools, we have made an adjustment to the purchase process. Effective December 19, 2018, you can purchase Academic PEAT for students with a graduation date up to five years in the past. Thanks to those that provided feedback on this product! If you have suggestions for additional future enhancements to Academic PEAT, please send them to peat@fsbpt.org.

2019 INPTRA Conference in Geneva, Switzerland May 8-9, 2019

Preceding the World Confederation for Physical Therapy (WCPT) Congress next year, the International Network of Physiotherapy Regulatory Authorities (INPTRA) will be holding its biennial meeting in Geneva, Switzerland. Registration is now open. Take advantage of the early bird rate through February 15, 2019! Visit the [INPTRA 2019 conference page](#) to view conference details, including the preliminary program, and to register.

Deadline Fast-Approaching! Express Your Interest in Running in 2019

Last call for expressing your interest. At the 2019 Delegate Assembly in Oklahoma City, Oklahoma, elections will be held for the following positions on the Board of Directors and the Nominating Committee.

- PRESIDENT (three-year term):
Must be a current or past member of a Member Board or current or past administrator of a Member Board.
- VICE PRESIDENT (three-year term):
Must be a current or past member of a Member Board or current or past administrator of a Member Board.
- NOMINATING COMMITTEE MEMBER (three-year term):
Must be a member of a Member Board, an administrator of a Member Board, an Associate Member, or an individual with expertise to facilitate the task of the committee. An Associate Member is a former member or administrator of a Member Board, a former member of the Board of Directors, a former committee or task force member, or a member of the Academy of Advanced Item Writers.

Are you interested in running for a position? View [the job descriptions](#) and email communications@fsbpt.org before **December 31, 2018**. (Please include the position(s) for which you are interested.) You'll hear about next steps in early 2019.

INPTRA Webinar – Regulation of Assistive Personnel around the Globe

On December 12, 2018, INPTRA hosted a webinar, Regulation of Assistive Personnel around the Globe. The presenters, Sandra Lamb (Canada) and Nathalie Yerak (USA), focused on the differing regulation and education requirements of physiotherapist support personnel across countries. They shared the “behind the scenes” regarding the Support Personnel Survey, including why and how these questions were chosen, and then they discussed the methodology, limitations, and results of the survey. This webinar can be viewed on [INPTRA’s website](#).

Serve the Public and Your Profession – ProCert Reviewer Volunteers Needed!

Interested in continuing competence? Apply to be a volunteer reviewer for ProCert! FSBPT’s ProCert program evaluates continuing competence activities and awards certification for those meeting the FSBPT Standards for Continuing Competence. ProCert certified activities are currently accepted in thirty-four jurisdictions and expansion to additional jurisdictions is expected in 2019.

To fulfill the growing demand for this service, FSBPT is accepting applications to serve as volunteer ProCert reviewers. The next ProCert reviewer training will take place in early 2019 at the FSBPT office in Alexandria, Virginia. FSBPT covers participants' travel, hotel, and meal expenses. Please contact CompetenceStaff@fsbpt.org to learn more about this rewarding volunteer opportunity.



Spotlight on Member Resources: Model Practice Act

[The Model Practice Act \(MPA\)](#) is the preeminent standard and most effective tool available for revising and modernizing physical therapy practice acts. The continuing movement to update physical therapy practice acts helps ensure that these documents provide the legal authority to fully protect the public while allowing for the effective regulation of the profession. The MPA has undergone several updates in the last couple years and deserves a fresh look if you haven't read it recently.

Reminder: NPTE Fee Increase

As reported in the September 2017 News Briefs, the 2018 examination fee increase for the National Physical Therapy Examination (NPTE) was deferred until January 1, 2019. Effective January 1, 2019 the fee will be \$485.

Board of Directors Report

This month, to advance the business of the FSBPT, the Board of Directors approved the motions listed.

To approve the 2019 organizational goals.

Rationale: The Board of Directors annually adopts organizational goals.

Fiscal Impact: None

To adopt the 2019 operating budget of \$742,671.

Rationale: The Board of Directors annually adopts an operating budget.

Fiscal Impact: As indicated in the motion.

To adopt the 2019 capital budget in the amount of \$3,638,300.

Rationale: The Board of Directors annually adopts a capital budget.

Fiscal Impact: As indicated in the motion.

To adopt the 2019 reserve funding in the following amounts.
Reserve Fund \$21,022,613

Rationale: The Board of Directors annually adopts reserve fund amounts.
Fiscal Impact: As indicated in the motion.

To adopt the 2019 Policies Manual.

Rationale: As a matter of procedure, the policy manuals are reviewed and approved each year.
Fiscal Impact: None.

To adopt the 2019 Personnel Policy Manual.

Rationale: As a matter of procedure, the policy manuals are reviewed and approved each year.
Fiscal Impact: None.

To adopt the 2019 Salary Administration Manual.

Rationale: As a matter of procedure, the policy manuals are reviewed and approved each year.
Fiscal Impact: None.

To adopt the 2019 NPTE Policies.

Rationale: The 2019 NPTE Policies will become effective sixty days after they have been sent to the member jurisdictions for review.
Fiscal Impact: None.

To appoint the following committee members effective January 1, 2019.

<u>Committees</u>	<u>Members</u>	<u>Term Ends</u>
Continuing Competence	Brian Gilbert, MI	December 31, 2021
Education	Tony Domenech, TX Jesus Dominguez, CA Jill Wakabayashi, HI	December 31, 2021
Ethics & Legislation	Deborah McDonald, MS Kirk Peck, NE	December 31, 2021
Finance	Renee Compton, WA Timothy McIntire, OH David Reed, NC	December 31, 2021
Resolutions	Crystal Morris, NC	December 31, 2021

Rationale: Each year, committee members are appointed or reappointed as terms expire.

Fiscal Impact: None. Committee meetings are approved separately.

To appoint the following Board Liaisons to member jurisdictions.

<u>Board Liaison</u>	<u>Jurisdictions</u>
Thomas Caldwell	Arkansas, Illinois, Indiana, Missouri, New Mexico, Ohio, Oklahoma, Texas
Ruggie Canizares	Colorado, Kansas, Montana, Nebraska, Nevada, Utah
Ellen Donald	Alabama, Florida, Georgia, Louisiana, Mississippi, North Carolina, Tennessee, South Carolina
Robin Jenkins	Delaware, District of Columbia, Kentucky, Maryland, Pennsylvania, Virginia, West Virginia
Joni Kalis	Alaska, Arizona, California , Hawaii, Idaho, Oregon, Washington, Wyoming
Nancy Kirsch	Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Rhode Island , Vermont,
Dave Relling	Iowa, Michigan, Minnesota, North Dakota, South Dakota, Wisconsin, Puerto Rico, Virgin Islands

To appoint the following committee/council liaisons effective immediately.

Committee/ Council	2019 Board Liaison
Council of Board Administrators (CBA)	Robin Jenkins
Continuing Competence	Thomas Caldwell
EDC – PT	Dave Relling
EDC – PTA	Dave Relling
Education	Joni Kalis
Ethics and Legislation	John Young
Finance	Ruggie Canizares
Investment	Ruggie Canizares
Item Writer Coordinators	Ellen Donald
Item Writer Task Force	Ellen Donald
Resolutions	Nancy Kirsch
Membership Survey Task Force	Nancy Kirsch
Audit	Ruggie Canizares

Rationale: Each year, committee/council liaisons are appointed or reappointed.

Fiscal Impact: None.

To appoint the following organizational liaisons effective immediately.

Organization	2019 Board Liaison
Academic Council of APTA (ACAPT)	Nancy Kirsch
APTA	Nancy Kirsch
Canadian Alliance	Nancy Kirsch
CAPTE	Nancy Kirsch
FCCPT	David Relling
Compact Commission	David Relling
LCASO	Nancy Kirsch and Thomas Caldwell
Canadian Think Tank (Risks, Supports, Engagement)	Nancy Kirsch
Education Leadership Partnership	Nancy Kirsch

Rationale: Each year, organizational liaisons are appointed or reappointed.
Fiscal Impact: None.

To appoint John Young as the Public Member of the FSBPT Board of Directors until December 31, 2019.

Rationale: The public member on the Board of Directors is appointed annually per the FSBPT bylaws.
Fiscal impact: None, already funded.

In the News

NC Supreme Court Rules in Favor of PT Board in Dry Needling Case

On December 7, 2018, the North Carolina Supreme Court [filed a decision in the case N.C. Acupuncture Licensing Board v. N.C. Board of Physical Therapy Examiners in favor of the PT Board.](#)

In September 2015, the NC Acupuncture Licensing Board filed a lawsuit against the NC Board of Physical Therapy Examiners (NCBPTE) arguing that dry needling by PTs is the unlawful practice of acupuncture; the Superior Court (NC Business Court) in North Carolina dismissed the original case in April 2016. The Board of Acupuncture appealed the final order and opinion of the NC Business Court affirming a declaratory ruling by the NCBPTE stating that dry needling is within the scope of practice of physical therapists. The Supreme Court heard the appeal and has ruled in favor of NCBPTE. The court's opinion, authored by Justice Barbara Jackson, specifically referenced research sponsored by the FSBPT and completed by the Human Resources Research Organization (HumRRO), which appears to have

influenced the court. Specifically, the opinion stated “the Physical Therapy Board repeatedly pointed out that eighty-six percent of the knowledge requirements for competency in dry needling are taught in entry-level physical therapy programs, and the additional competencies are obtained through continuing education programs for licensed physical therapists.” This statistic comes directly from the FSBPT practice analysis of the competencies required of physical therapists to perform dry needling [Analysis of Competencies for Dry Needling by Physical Therapists](#). FSBPT contracted with HumRRO to conduct the study on physical therapist educational preparation to practice dry needling in accordance with current best-practices in practice analysis procedures.

[Burnout among Physicians a Pervasive Problem that can Lead to Major Medical Errors, NBC Nightly News, November 30, 2018](#)

NBC Nightly News recently examined medical provider burnout. The article noted that more than half of American physicians experience burnout and that the suicide rate for physicians is more than twice that of the general population. Cori Poffenberger, an emergency room physician, was quoted: “I went into emergency medicine because I wanted to help people. And we’ve created a system that’s taking people who care a lot, and who really feel passionately about this, and making them angry, and apathetic and depressed.”

The issue of physician burnout is relevant to patients, as burnout can lead to apathy and mistakes. Addressing this issue may require increasing staff engagement, cultivating more of a community among providers, and removing inefficient and frustrating barriers to care.

New Administration Report Suggests Multiple Health Care Policy Changes

The Trump administration released a report, “[Reforming America’s Healthcare System Through Choice and Competition](#).” According to [an article in Mr. Politic](#), it includes more than fifty policy recommendations. For example, the report encourages interstate compacts because state-based licensing can make it difficult for providers to move. This can inhibit the ability to address changing geographic needs, which can limit health care access. The [PT Compact](#) was referenced as an example of a new and emerging compact.

Additionally, several of the recommendations related to broadening scope of practice:


- “States should consider changes to their scope-of-practice statutes to allow all healthcare providers to practice to the top of their license, utilizing their full skill set.
- The federal government and states should consider accompanying legislative and administrative proposals to allow non-physician and non-dentist providers to be paid directly for their services where evidence supports that the provider can safely and effectively provide that care.
- States should consider eliminating requirements for rigid collaborative practice and supervision agreements between physicians and dentists and their care extenders (e.g., physician assistants, hygienists) that are not justified by legitimate health and safety concerns.

- States should evaluate emerging healthcare occupations, such as dental therapy, and consider ways in which their licensure and scope of practice can increase access and drive down consumer costs while still ensuring safe, effective care.”

Board Liaisons to Jurisdictions

Members of the Board of Directors serve as liaisons to multiple jurisdictions. Current liaison relationships are listed here for your reference.

Jurisdictions	Board Liaison
Arkansas, Illinois, Indiana, Missouri, New Mexico, Ohio, Oklahoma, Texas	 Tom Caldwell
Colorado, Kansas, Montana, Nebraska, Nevada, Utah	 Ruggie Canizares
Alabama, Florida, Georgia, Louisiana, Mississippi, North Carolina, Tennessee, South Carolina	 Ellen Donald
Delaware, District of Columbia, Kentucky, Maryland, Pennsylvania, Virginia, West Virginia	 Robin Jenkins
Alaska, Arizona, California, Hawaii, Idaho, Oregon, Washington, Wyoming	 Joni Kalis
Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Rhode Island, Vermont	 Nancy Kirsch

Jurisdictions	Board Liaison
Iowa, Michigan, Minnesota, North Dakota, South Dakota, Wisconsin, Puerto Rico, Virgin Islands	 David Relling

Staff Contact Information

<p align="center">If you have questions, challenges or ideas, we want to hear from you! FSBPT®: (703) 299-3100 FCCPT®: (703) 684-8406 (Call FSBPT unless otherwise noted after name)</p>	
Subject	Point of Contact/Email Address
ADA accommodations	Christine Sousa
aPTitude®	competencestaff@fsbpt.org
Assessment or examination development questions	Lorin Mueller, PhD Susan Layton npte@fsbpt.org
Continuing competence	Jeffrey M. Rosa Heidi Herbst Paakkonen competencestaff@fsbpt.org
Credentials review	Jaime Nolan, FCCPT
ELDD- Exam, Licensure and Disciplinary Database participation	eldd@fsbpt.org
Exam registration processing	Christine Sousa
Foreign educated issues	Leslie Adrian
Immigration	Jamie Nolan, FCCPT
JAM- Jurisprudence Assessment Module	competencestaff@fsbpt.org
Legislation or Model Practice Act	Leslie Adrian
Meeting arrangements	Paul Delaney
NPDB reports/questions	Angela Burnham
oPTion®	competencestaff@fsbpt.org
PTC- Physical Therapy Compact	compact@fsbpt.org
PEAT® - Practice Exam & Assessment Tool	peat@fsbpt.org
ProCert®	competencestaff@fsbpt.org
Reimbursement of expenses Other financial matters	Bill Aronson Linda Michelsen
School reports	schoolreports@fsbpt.org
Score transfer & reporting	Christine Sousa
SCP PET- Supervised Clinical Practice Performance Evaluation Tool	scppet@fsbpt.org
Security issues	Susan Layton security@fsbpt.org

Anything else, including news to share with members

William A. Hatherill
Francois Marjorie
Caitlin Jennings



Sign off:

That's all the news today from the all-time record raining banks of the Potomac, where the fish are faster, the fishing boats are longer, and the fishermen are still full of stories.

- *William A. Hatherill, CEO*