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#### **Federation of State Boards of Physical Therapy**

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#### **APTA-FSBPT NPTE Transfer Agreement**

The APTA-FSBPT NPTE Transfer Agreement which was executed in 1989, transferred the National Physical Therapy Exam from APTA to the Federation. FSBPT completed payments to APTA in 1999. However, the agreement continued on until October 31, 2014 - and will shortly be completed.

Be sure to explore the <u>Federation's timeline of achievements</u> once the Federation became responsible for the licensure exam.

# **FSBPT supports CAPTE accreditation standards change**

FSBPT's members, the physical therapy licensing authorities, all require certain prerequisites to practice as a PT or PTA in their jurisdiction. One prerequisite in most jurisdictions is the requirement to graduate from an accredited PT or PTA school. There are exceptions, of course; an example is the process for evaluating foreign educated therapists' education.

In most cases, jurisdictions have delegated the authority to accredit physical therapy programs to the Commission on Accreditation in Physical Therapy Education (CAPTE).

CAPTE recently asked jurisdictions and the Federation to comment on their proposed accreditation standards changes. FSBPT, on behalf of our membership, provided comments and we wanted to share them with you.

In general, FSBPT agreed with the proposed changes. We specifically supported the change of a program's ultimate NPTE pass rate requirement from 80% averaged over three years to 90% averaged over two years. We believe that pass rates are one of many components of determining the quality of a program and that this higher standard for accreditation is appropriate.

#### Five physical therapy treatments you probably do not need

Last month, we took you to the APTA website that shared this article. Here is the same article from the Consumer Reports website that you might want to post on your board's website for consumers of physical therapy.

View article.

#### **2015 Membership Survey**

In preparation for the FSBPT 2015 long-term strategic planning process, the Board of Directors has engaged Polaris Research to carry out the membership survey component. This will be the sixth membership survey in our history.

President Maggie Donohue said, "We put great weight in the membership survey results. First we use the survey as a key ingredient to insure that we are doing the right things and doing them well and secondly, that we are listening to our membership as we set the future course."

In addition, Maggie pointed out that a Membership Survey Task Force will soon be formed to review the survey results and to make recommendations for future actions.

# Providers lag as healthcare consumers set agenda

John Commins wrote the following for HealthLeaders Media on April 15, 2014.

"New players in healthcare are gaining a toehold with frustrated consumers who are "ready to abandon traditional care models for ones that echo experiences in banking, retail and entertainment," research from PwC's Health Research Institute indicates.

"Healthcare consumers appear willing to dump the doctor's office for cheaper and more convenient retail and remote alternatives that could amount to tens of billions of dollars in lost revenues for traditional providers if they fail to adapt, according to a report from PwC's Health Research Institute."

# View article.

#### **SCOTUS: North Carolina Dental Board v. FTC**

The Supreme Court of the United States (SCOTUS) heard oral arguments on the North Carolina Dental Board v. the FTC on October 14, 2015. The court expressed concerns regarding the dental board's actions, but also noted the FTC's position could result in legal liability to licensing boards.

Justice Anthony Kennedy stated, "If dentists, doctors and other professionals can be sued over decisions about industry regulations, then no one with expertise would agree to serve on a government licensing board. That's going to be the consequence of the rule you advocate," he told a lawyer for the government.

We anticipate a decision by the Supreme Court sometime in the spring of 2015.

# **Canadian report on optimizing scopes of practice**

The Canadian Academy of Health Sciences released a report on optimizing scopes of practice in 2014. In identifying the problem, the report states: "The Canadian health care system falls short of achieving the *Triple Aim* of better health, better care, better value..."

The report goes on to state: "One of the key problems in the way health care is delivered in Canada today is that health professional scopes of practice and associated models of care tend to be organized on the basis of tradition and politics rather than in relation to the evidence of how best to meet contemporary population health needs..."

#### View report.

# Regulating Dry Needling in Maryland: Citizens Advocacy Center Annual Meeting

On October 24th, Penny K. Heisler, Executive Director of the Maryland Acupuncture Board and Carlton A. Curry, Esq., Executive Director of Maryland Board of Physical Therapy Examiners spoke at the Citizen Advocacy Center's Annual Meeting in Baltimore on the subject of collaboration between their two regulatory boards in working through the issues of dry needling.

View PowerPoint presentation.

#### **Health Quality Council of Alberta dry needling report**

In October of 2014, the Health Quality Council of Alberta (HQCA), Canada completed an independent review of adverse outcomes resulting from dry needling in order to improve the quality and safety of this practice.

The report notes that "In Alberta, physicians, dentists, surgeons, physiotherapists, occupational therapists, chiropractors, nurses, naturopaths as well as acupuncturists are authorized to practice dry needling."

#### View report.

## Washington court rules on dry needling by physical therapists

On Friday, October 10, 2014 the Superior Court for King County issued a ruling stating, among other findings:

- "A person that 'penetrates the tissues of human beings' with an acupuncture needle or any
  other needle for purpose of 'dry needling' or any similar named act ('dry needling') is practicing
  medicine under the statutory definition provided at RCW 18.71.011(3) and is prohibited absent
  a physicians license as required by RCW 18.71.021 or other statutory authority."
- "The penetration of human tissue with an acupuncture needle or any similar needle used for dry needling is outside the plain text of the authorized scope of practice for physical therapy as adopted by the Washington Legislature in RCW 18.74.010(8)."

The Court issued an injunction against Salmon Bay Physical Therapy, one of the named defendants in the case, enjoining them "from inserting acupuncture needles or any similar needles for the purpose of dry needling in the State of Washington."

The Court further enjoined the other named defendant, Edo Zylstra and his company, Kinetacore – the Colorado company that taught the dry needling course in Washington that the Salmon Bay PTs attended – from "holding any workshops, classes or similar trainings in the State of Washington that involve conducting penetration of human tissue with acupuncture needles or similar needles by physical therapists that lack the legal authority to penetrate human tissue pursuant to the findings above."

#### **November INPTRA Webcast: Philippines and New Zealand**

INPTRA (the International Network of Physiotherapy Regulatory Authorities) is hosting a one-hour webcast on physiotherapy regulation in the Philippines and New Zealand.

The live session is November 18 from 8:00 - 9:00 PM Washington, DC time. The replay is November 24 from 8:00 - 9:00 AM Washington, DC time.

Go to <a href="www.inptra.org">www.inptra.org</a> and click Learn More under Upcoming INPTRA Webcasts to find out how to listen in to either webcast.

#### Mark Your Calendar for December 16, 2014

INPTRA is hosting a webcast on December 16, 2015 on the timely topic of telehealth with Canadian and US presenters. The discussion will include the effectiveness of telephysiotherapy, cost issues, examples and regulatory considerations.

Look for an invitation to the December webcast next month.

#### INPTRA 2015: Early Bird registration ends December 31, 2014

If you're attending the World Confederation for Physical Therapy (WCPT) Congress 2015 in Singapore, be sure to consider attending INPTRA's meeting April 29-30, 2015 prior to the WCPT Congress.

The Early Bird registration fee, which ends December 31, 2014, is \$650. Rooms have been blocked for the conference at the Marina Bay Sands Hotel.

For more information, to book a room or to register, go to <a href="http://www.inptra.org/Home/INPTRA2015.aspx">http://www.inptra.org/Home/INPTRA2015.aspx</a>.

#### Illinois now accepts ProCert

Illinois is the most recent state to accept **ProCert** certification of continuing education courses and conferences for purposes of meeting PT/PTA continuing education and licensure renewal requirements.

Illinois joins Alabama, Arizona, California, Delaware, District of Columbia, Georgia, Indiana, Kansas, Kentucky, Montana, Nebraska, North Carolina, Oregon, South Carolina, Tennessee, Utah, Vermont, Virginia and Wisconsin. Several more states are updating their laws to accept **ProCert** certification in the future.

Learn more about **ProCert** here, or contact FSBPT Continuing Competence Staff for more information.

# **Continuing competency for Colorado physical therapists**

On November 1, 2014, all Colorado physical therapists will be required to demonstrate continuing professional competency in order to renew, reinstate, or reactivate a license to practice in Colorado.

View Colorado's new <u>Continuing Professional Development (CPD) program</u> that consists of a self-assessment component; development, execution and documentation of a learning plan based on the self-assessment; and periodic demonstration of knowledge and skills through documentation of activities.

The Colorado Board recommends use of FSBPT's free online system <u>aPTitude</u> to organize completion of activities.

Additionally, FSBPT's Practice Review Tool (PRT) is one option for Colorado licensees to meet the self-assessment component of the CPD program (learn more about the PRT <u>here</u>).

#### 2014 Delegate Assembly minutes, motions and educational sessions posted

Members can view the 2014 delegate assembly minutes under FSBPT Governance in the Members section of the FSBPT website.

Members can also view the annual meeting presentations and handouts under Meetings & Events in the Members section of the FSBPT website.

Non-member attendees who would like copies of specific presentations can email communications@fsbpt.org for copies.

## 2015 annual meeting location, motions and elections

FSBPT's 2015 Annual Meeting will be held October 15-17, 2015 at the Buena Vista Palace in Orlando, Florida.

#### **Motions**

Motions for the 2015 delegate assembly are due to <a href="mailto:resolutions@fsbpt.org">resolutions@fsbpt.org</a> by September 3, 2015.

#### **Elections**

Next year, we will have elections for Secretary, Treasurer and the Director position which requires the candidate to be a current member of a member board at the time of election. We will also elect a new member of the Nominating Committee.

It is not too early to consider submitting your name or someone else's name to the Nominating Committee at nominating@fsbpt.org.

#### Our volunteers hard at work



This month, FSBPT hosted a Regional Item Writing Workshop for the National Physical Therapy Exam in Montgomery, Alabama.

#### **Spotlight on member resources: Supervised Clinical Practice**



There is a new resource paper available for members: "Foreign Educated Physical Therapists and Supervised Clinical Practice." It is located on the FSBPT Members site under "Resource & Topic Papers."

Given the absence of global standards for the education of physical therapists, there is a need for jurisdictions to ensure that foreign educated applicants for licensure in the US are prepared to practice at a level that is equivalent to physical therapists educated in an accredited US entry-level program.

This resource paper provides a tool to evaluate readiness for practice – supervised clinical practice. It includes a model for Supervised Clinical Practice and Performance Evaluation Tool that jurisdictions may find useful in developing their own supervised clinical practice program.

#### Cheating in the News: Massive cheating scandal at UNC involved athletes

Aaron Beard and Emery P. Dalesio reported on October 23, 2014 in Yahoo News, "Bogus classes and automatic A's and B's are at the heart of a cheating scandal at the University of North Carolina that lasted nearly two decades, encompassing about 3,100 students — nearly half of them athletes.

"At least nine university employees were fired or under disciplinary review, and the question now becomes what, if anything, the NCAA will do next. Penalties could range from fewer scholarships to vacated wins."

# View article.

# **Board of Directors Report**

Here are the motions from the October 16, 2014 Board of Directors minutes.

To appoint Ruggie Canizares (OR) to the Finance Committee until December 31, 2014. *Rationale*: To replace Charles Brown, Arizona, who is now on the FSBPT Board of Directors. *Fiscal Impact*: None; already budgeted.

#### Logging in

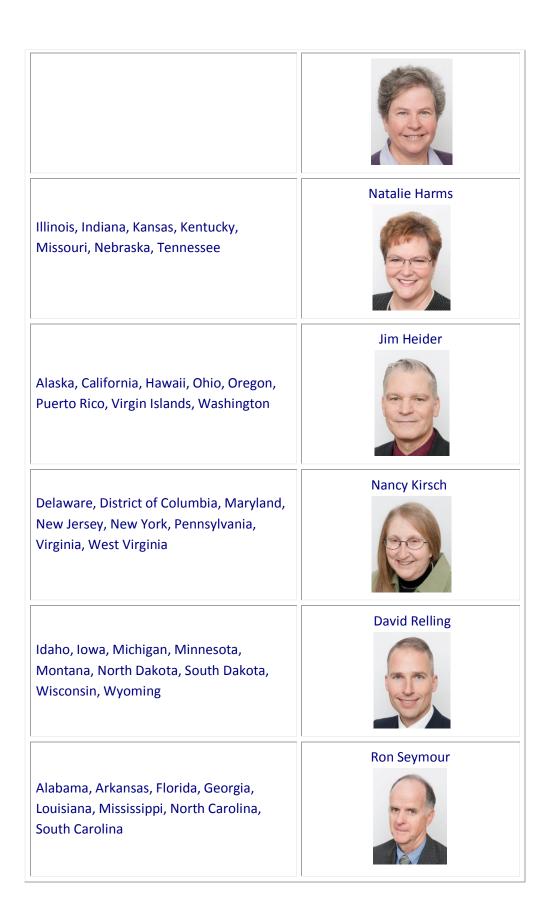
FSBPT members can log in to the Members section of the FSBPT website by clicking on "Members Login" at the top of the page. Look for "Forgot your username or password?" if you have forgotten or don't know them.

Board minutes can be found under FSBPT Governance.

## **Board Liaisons to Jurisdictions**

Find out which member of the board of directors is liaison to your jurisdiction.







# Staff Contact Information Who Should I Contact?

FSBPT: 703.299.3100 | FCCPT: 703.684.8406

(Call FSBPT unless otherwise noted after name.)

Subject	Point of Contact
ADA accommodations	Shana Smith
Assessment/ examination	Lorin Mueller, Ph.D.
development questions	Susan Layton
Continuing competence	Heidi Herbst Paakkonen
	Holly Ball
Credentials review	Jaime Nolan, FCCPT
	Susan K. Lindeblad, Ph.D., FCCPT
Exam registration processing	Christine Sousa
Foreign educated issues	Mark Lane
	Susan K. Lindeblad, Ph.D., FCCPT
Immigration	Susan K. Lindeblad, Ph.D., FCCPT
Legislation or	Mark Lane
Model Practice Act	Leslie Adrian
Meeting arrangements	Paul Delaney
Member contact updates	Maribeth C. Decker
NPDB reports/questions	Angela Burnham
Practice Review Tool (PRT)	practicereview@fsbpt.org
PT and PTA Practice Exam &	peat@fsbpt.org
Assessment Tool (PEAT)	
Reimbursement of expenses;	Tracy Leadmon
other financial matters	Larry Wilkerson
School reports	SchoolReports@fsbpt.org
Score transfer & reporting	Christine Sousa
Security issues	Susan Layton
Anything else,	William A. Hatherill
including news to share with members	Maribeth C. Decker



Sign off: That's all the news today from the autumn aster laden banks of the Potomac, where the fish are faster, the fishing boats are longer, and the fishermen are still full of stories.

- William A. Hatherill, CEO